

## Nikanan izhi ayaa indigo wiinawaa wiimbaa

(My bones to be a certain way they become hollow)

Its meaning is beyond the literal into the metaphysical realms as it relates to spiritual reconciliation to healing and the enlightenment of one's personal truth

*(Sung and accompanied with hand drum)*

*"Nikanan izhi ayaa indigo  
wiinawaa wiimbaa heya  
heyo Hiya heya heya heyo  
Hiya heya heyaheyo"*

I become as 'Hollow Bones'  
Encounter generational injustices of life  
forgotten innocent heartbreaks  
Dig deep through corrosive, rugged layers  
accomplished testament of a territorial phase  
Suffer as vicious screams claw inside  
acknowledges ancient cavernous echoes as they vacillate by  
Eradicate quiet rage; awaken forsaken ancestral ache  
heal them; resolve destructive, deserts desolate place  
Rip out this entrenched and misremembered atrocious space  
Ancestors travail from my living, bleeding flesh  
Yawn feverishly within my aging, drying bones  
passed down from sacred, scarred and sterilize wombs  
Grieving silent genocide; Grandmother's, Mother's, Mine  
sacred blood staunched of life's potentials and passions  
Take tenderly this labyrinth of old torrential pain  
hold it delicately with loves sweetgrass breath  
I reach fleshy brown arms to surrender's pose of praise  
Gizhe' M andioo<sup>1</sup> holds me divinely  
in compassionate, love and grace  
reconciled to healing  
I become as 'Hollow Bones'

*"Nikanan izhi ayaa indigo  
wiinawaa wiimbaa hiya  
heyo Hiya heya heya heyo  
Hiya heya heyaheyo"*

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<sup>1</sup> Ojibwe'-Gizhe' Manidoo - Christian compassionate, benevolent Creator